

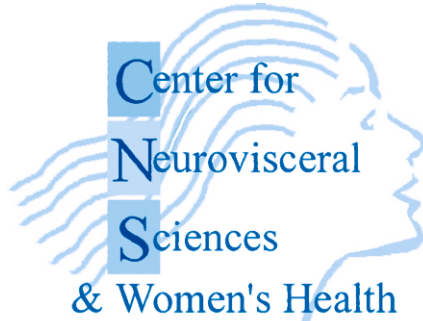
The Office of Continuing Medical Education,
David Geffen School of Medicine at UCLA

and the

Center for Neurovisceral Sciences and Women's Health



DAVID GEFFEN SCHOOL OF MEDICINE at **UCLA**



Diagnosis and Management of Functional GI Disorders: From Child to Adult

Saturday, January 21, 2006

UCLA Campus

Northwest Campus Auditorium

(off Sunset Boulevard enter campus at
Bellagio Drive entrance to De Neve Drive)

NEEDS ASSESSMENT

Functional gastrointestinal disorders (FGID) are quite prevalent conditions seen in both children and adults and include irritable bowel syndrome (IBS), functional dyspepsia, and chronic constipation. Although these are common disorders, the underlying pathophysiologic mechanisms are not well understood and their management can be challenging in some patients, particularly those with more severe symptoms and co-morbid conditions. Multiple factors such as genetic predisposition, prior gastroenteric infection, psychological symptoms, and learned illness behaviors can contribute to the onset and clinical presentation of FGID. An update of the current concepts regarding the role of genetic factors and early adverse life events in the increased vulnerability and development of FGID will be reviewed. The role of female sex hormones in gut function and the increased predisposition of FGID in women will be addressed. In addition, the diagnosis and management of FGID in children and adults using an integrated, comprehensive medicine approach with pharmacotherapy, psychological and behavioral treatments, and complementary alternative medicine techniques will be discussed.

LEARNING OBJECTIVES

- Review the role of genetic factors in the development and presentation of FGID
- Discuss the evidence of early adverse life events in the subsequent development of FGID
- Review the clinical presentation, diagnosis and treatment of FGID and other pain syndromes in the pediatric patient population
- Discuss the effect of female sex hormones on gut function and its relevance in FGID
- Provide diagnostic strategies for FGID in adults
- Review traditional and novel approaches to treating adult patients with FGID
- Discuss an integrative approach to the management of functional pain syndromes

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this continuing medical education activity for a maximum of 5.5 Category 1 credit(s) toward the Physician's Recognition Award of the American Medical Association. Each physician should claim only those credits that he/she actually spent in the educational activity.

AAFP Accreditation

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Disclosure

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. We at UCLA fully endorse the letter and spirit of this concept.

In compliance with this policy, the program audience will have disclosed to them any potential conflict(s) of interest related to the contents of presentations made by all faculty participating in sponsored or jointly sponsored programs by the David Geffen School of Medicine at UCLA.

PROGRAM

Morning

- 8:00 Registration/Continental Breakfast
- 8:30 **Introduction and Overview**
Lin Chang, MD
- 8:40 **International Foundation of Functional GI Disorders (IFFGD)**
Nancy J. Norton, Founder and President, IFFGD
- 8:50 - 11:45 **Session I FGID IN EARLY LIFE**
Moderator: Lonnie Zeltzer, MD
- 8:50 **Genetic Factors in Functional GI Disorders (FGID)**
Anthony Lembo, MD
- 9:20 **The Role of Early Adverse Life Events in FGID**
Emeran A. Mayer, MD
- 9:50 **Diagnosis and Traditional Management of FGID in Children**
Carlo DiLorenzo, MD
- 10:30 **BREAK**
- 10:45 **Comprehensive Management of Pediatric Pain Disorders**
Lonnie Zeltzer, MD
- 11:15 **PEDIATRIC FGID CASES**
Moderator: Heather V. Krell, MD
Panel: Drs. DiLorenzo and Zeltzer
- 11:45 **LUNCH** (provided)

Afternoon

- 12:30 - 3:05 **Session II FGID AND WOMEN'S HEALTH**
Moderator: Bruce Naliboff, PhD
- 12:30 **Effect of Female Sex Hormones on GI Function**
Margaret M. Heitkemper, PhD, RN
- 1:00 **Traditional and Novel Treatment of FGID in Adults**
Lin Chang, MD
- 1:30 **Management of FGID: Psychological Treatment and Psychotropic Agents**
Ray E. Clouse, MD
- 2:00 **Integrative East-West Approach to IBS and Other Functional Syndromes**
Ka-Kit Hui, MD
- 2:30 **Adult FGID Patient Cases**
Moderator: Kirsten Tillisch, MD
Panel: Drs. Clouse, Lembo, Chang, and Hui
- 3:00 **Closing Comments**
Lin Chang, MD

FACULTY

Lin Chang, MD

Associate Professor of Medicine*
Co-Director, CNS/WH**

Ray E. Clouse, MD

Professor of Medicine and Psychiatry
Division of Gastroenterology
Washington University School of Medicine
St. Louis, Missouri

Carlo DiLorenzo, MD

Chief, Division of Gastroenterology
Children's Hospital of Columbus
Columbus, Ohio

Ka-Kit Hui, MD

Professor of Clinical Medicine*
Founder and Director
UCLA Center for East-West Medicine

Margaret M. Heitkemper, PhD, RN

Professor
Director, Center for Women's Health and
Gender Research
University of Washington
Seattle, Washington

Heather V. Krell, MD

Associate Clinical Professor
Department of Psychiatry and
Biobehavioral Sciences*

Anthony Lembo, MD

Assistant Professor of Medicine
Division of Gastroenterology
Beth Israel Deaconess Medical Center
Harvard Medical School
Boston, Massachusetts

Emeran A. Mayer, MD

Professor of Medicine, Physiology and
Psychiatry*
Director, CNS/WH**

Bruce D. Naliboff, PhD

Clinical Professor, Department of
Psychiatry and Biobehavioral Sciences*
Co-Director, CNS/WH**
VA Greater Los Angeles Healthcare System

Nancy J. Norton

President, International Foundation for
Functional Gastrointestinal Disorders
(IFFGD)
Milwaukee, Wisconsin

Kirsten Tillisch, MD

Assistant Clinical Professor*
Division of Digestive Diseases
CNS/WH**

Lonnie Zeltzer, MD

Professor of Pediatrics, Anesthesiology,
Psychiatry and Biobehavioral Sciences*
Director, UCLA Pediatric Pain Program at
UCLA Mattel Children's Hospital

GENERAL INFORMATION

Enrollment Fee

\$50.00

Refunds

There are no refunds for this course. However, if for any reason the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

Meeting Location

UCLA Campus Westwood
Northwest Campus Auditorium
Los Angeles, California

Directions

The meeting facilities on the UCLA campus are easily accessible from the 405 freeway. Take the Sunset Boulevard exit and turn right on Bellagio Drive. At the first stop sign — a T intersection — turn left and follow De Neve Drive down a slight grade. You will come to a second stop sign. Go straight through that intersection. Before you come to a third stop sign, you will see the Sunset Village parking structure on your right. The entrance is clearly marked with a large SV and the name Sunset Village. Enter the parking facility here.

Parking

Park in the Sunset Village parking structure. Take the elevators in the southwest corner of the structure to the lobby level, and follow the signs to the Northwest Campus Auditorium.

Parking is \$8.00 single entry.

Enrollment

By Mail

Use the form attached. For additional applications, use photocopy or separate sheet giving all information requested on form.

By Phone

Use your MasterCard, VISA, or Discover. Call (310) 794-2620.

By FAX

Send completed enrollment form with charge card information and authorizing signature.
FAX (310) 794-2624.

For additional information, please call (310) 794-2620.

Enrollment is limited. Early enrollment is suggested.

Please visit our website for other UCLA CME offerings.

<http://www.cme.ucla.edu>

email address eayala@mednet.ucla.edu

Center for Neurovisceral Sciences and Women's Health

<http://www.cns.med.ucla.edu/>

*David Geffen School of Medicine at UCLA

**Center for Neurovisceral Sciences & Women's Health, UCLA

APPLICATION FORM

Mail Application for Enrollment (Please Print)

Winter 2006

Course Title and Number	Amount
Diagnosis and Management of Functional GI Disorders: From Child to Adult M056-27	\$50.00

Social Security Number

Name (First/Middle/Last) degree Male Female

Preferred Mailing Address

City/State/Zip ()
Area Code/Daytime Phone

UCLA Faculty (appointment title) ()
Area Code/FAX #

Specialty

E-mail Address

Check enclosed payable to: The Regents of the University of California

Charge: MasterCard Visa Discover

Card Number

Name of Cardholder

Authorizing Signature

Expiration Date (Mo/Yr)

Mail to Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Boulevard, Suite 1060, Los Angeles, CA 90024-6512.

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