
BIOGRAPHICAL SKETCH

NAME Brennan M.R. Spiegel, M.D., M.S.H.S.	POSITION TITLE Investigator
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EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Tufts University, Medford, Mass	B.A.	1994	Philosophy
New York Medical College	M.D.	1998	Medicine
UCLA School of Public Health	M.S.H.S.	2004	Health Services

Positions and Honors

Positions and Employment:

- 1998 – 1999 **Intern**, Department of Medicine, Cedars-Sinai Medical Center, Los Angeles, California
- 1999 – 2001 **Resident**, Department of Medicine, Cedars-Sinai Medical Center, Los Angeles, California
- 1998 – 2004 **Research Associate**, Zynx Healthcare Incorporated, a Subsidiary of Cedars-Sinai Health System
- 2001 – 2004 **Gastroenterology Fellow**, West Los Angeles VA Medical Center (UCLA Affiliated Training Program in Gastroenterology)
- 2001 – **Research Associate**, VA/UCLA Center for Neurovisceral Sciences and Women’s Health
- 2004 **Co-Director**, Center for the Study of Digestive Healthcare Quality and Outcomes, CURE Digestive Diseases Research Center, VA Greater Los Angeles Healthcare System.
- 2004 - Present **Assistant Professor of Medicine in Residence**, David Geffen School of Medicine at UCLA, VA Greater Los Angeles Healthcare System, Division of Internal Medicine, Department of Gastroenterology and Hepatology

Honors and Awards:

- 1997 Alpha Omega Alpha National Honors Society, Iota Chapter, New York Medical College
- 1998 Leo G Rigler Award for “Resident of the Year” at Cedars-Sinai Medical Center
- 2003 Janssen Research Excellence in Gastroenterology and Liver (REGAL) Award
- 2004 CURE Digestive Diseases Research Center Named New Investigator Award
- 2004 AstraZeneca Emerging Leaders in Gastroenterology Award
- 2003 VA HSR&D Entry Level Career Development Award

Selected peer-reviewed publications (in chronological order)

1. **Spiegel BMR**, Vakil NB, Ofman JJ. Endoscopy for acute non-variceal upper gastrointestinal tract hemorrhage: is sooner better? A systematic review. *Archives of Internal Medicine* 2001;161:1393-1404
2. **Spiegel BMR**, Vakil NB, Ofman JJ. Dyspepsia management in primary care: a decision analysis of competing strategies. *Gastroenterology* 2002;122:1270-1285.
3. **Spiegel BMR**, Ofman JJ, Vakil NB. Minimizing recurrent peptic ulcer hemorrhage after endoscopic hemostasis: the cost-effectiveness of competing strategies. *American Journal of Gastroenterology* 2003;98:86-97.
4. **Spiegel BMR**, Targownik L, Karsan HA, Dulai G, Gralnek IM. Endoscopic screening for esophageal varices in cirrhosis: is it ever cost-effective? *Hepatology* 2003;37:366-77.
5. **Spiegel BMR**, Targownik L, Dulai G, Gralnek IM. The cost-effectiveness of cyclooxygenase-2 selective inhibitors in the management of chronic arthritis. *Annals of Internal Medicine* 2003;138:795-806
6. Targownik LE, Gralnek IM, Dulai GS, **Spiegel BMR**, Oei T, Bernstein CN. Management of acute non-variceal upper gastrointestinal tract hemorrhage: comparison of a U.S. and a Canadian medical center. *Canadian Journal of Gastroenterology* 2003;17:489-95
7. **Spiegel BMR**, Gralnek IM, Mayer EB, Bolus R, Dulai GS, Chang L, Naliboff B. Clinical determinants of health-related quality of life in irritable bowel syndrome. *Archives of Internal Medicine* 2004;164:1773-1780
8. **Spiegel BMR**, DeRosa VP, Gralnek IM, Wang V, Dulai GS. Testing for celiac sprue in diarrhea-predominant irritable bowel syndrome: a cost-effectiveness analysis. *Gastroenterology* 2004;126:1721-32
9. Targownik LE, **Spiegel BMR**, Dulai GS, Karsan HA, Gralnek IM. The role of hepatic venous pressure gradient monitoring in the prevention of recurrent variceal hemorrhage: a comparison of competing strategies. *American Journal of Gastroenterology* 2004;99:1306-15
10. **Spiegel BMR**, Targownik LE, DeRosa V, Dulai GS, Gralnek IM, Chiou CF. The quality of published health economic analyses in digestive diseases: a systematic review and quantitative appraisal. *Gastroenterology* 2004;127:403-411
11. Karsan HA, Morton SC, Shekelle PG, Suttrop MJ, **Spiegel BMR**, Edelstein MA, Shanman R, Gralnek IM. Combination endoscopic band ligation and sclerotherapy compared with endoscopic band ligation alone for the secondary prophylaxis of esophageal variceal hemorrhage: a meta-analysis. Manuscript in press at *Digestive Diseases and Sciences*
12. Targownik LE, **Spiegel BMR**, Dulai GS, Gralnek IM, Farrell J. The cost-effectiveness of endoscopic colonic stents in the management of acute malignant large bowel obstruction. Manuscript in press at *Gastrointestinal Endoscopy*.
13. **Spiegel BMR**, Chiou CF, Ofman JJ. Minimizing complications from nonsteroidal anti-inflammatory drugs: the cost-effectiveness of competing strategies in varying risk groups. Manuscript in press at *Arthritis Care and Research*.
14. Dulai GS, Shekelle P, Jensen DM, **Spiegel BMR**, Chen J, Oh D, Kahn K. Dysplasia and risk of neoplastic progression in a regional Veteran's Administration Barrett's surveillance cohort. Manuscript in press at the *American Journal of Gastroenterology*.
15. Kanwal F, Dulai GS, **Spiegel BMR**, Yee HF, Gralnek IM. Recipient Characteristics and Post-Liver Transplantation Outcomes Before and After MELD. Manuscript in press at *Alimentary Pharmacology and Therapeutics*.